

**CONFIDENTIAL PATIENT INFORMATION**

CA W&I Code, Section 5328,  
42 CFR Part 2, 45 CFR Parts 160 & 164

County of Orange Health Care Agency  
**Mental Health and Recovery Services**

HCA Custodian of Records  
200 W. Santa Ana Blvd, Ste 125, Santa Ana, CA 92701



Patient: **Midad, Cal A.**

MRN: 1000-xx-xxxx

DOB/Age/Gender: 7/23/2004      18 years      Male

*Progress Notes*

BH Intensive Care Coordination PC/CM PN

Service Date/Time:

Document Status:

Performed By:

Signing Clinician/Date of Signature

BH Int. Care Coordination PC/CM PN - Text

7/16/2023 15:14 PDT

Auth (Verified)

Lum LCP, Mark S (7/16/2023 15:16 PDT)

Lum LCP, Mark S (7/16/2023 15:16 PDT)

**BH Case Management PC/CM PN Entered On: 6/16/2023 3:24 PM PDT**

**Performed On: 6/16/2023 3:14 PM PDT by Lum, LCP Mark S**

**Case Management**

Encounter Smart Template : Facility: CYS EAST

FIN: 1000xxxxxxxx

Diagnosis Treated Today :

1. Post-traumatic stress disorder, acute (F43.11)
2. Alcohol use, unspecified, in remission (F10.91)
3. Cannabis use, unspecified, in remission (F12.91)

*Purpose of Visit:* Problem treated today: F43.12; F10.91; F12.91 - I.S. Team meeting for 90 day review of treatment plan, problem list and treatment progress. Cal and his girlfriend, Carissa are present along with individual and family therapists, ICC/IHBS providers and peer support specialist were present in the meeting.

*Intervention PN:* Each treatment team member presented on what treatment goals have been accomplished. Individual therapist reported that client has done well with psychoeducation, relaxation and bilateral movement techniques and a few EMDR sessions, that have helped client process his trauma and put words to his experience rather than reacting. He has not had any further incidents of verbal/physical altercations. Client has not had any relapse in alcohol or substance use and with the help of the Peer Support Specialist, has been attending recovery groups. Family therapist reported working with couple to support Cal in using his coping tools as well as educating and practicing with them in discussing any stressful matters in session and maintaining a calm body/mind with the goal of reinforcing use of mindfulness and self-regulated bodies. Peer support specialist reported that Cal has found a recovery support group for Cal to practice verbalizing emotions and finding support from the community. ICC/Case manager has also explored resources for finding jobs that Cal can do at home, while serving his house arrest. IHBS worker has assisted Cal in using his bilateral movement coping tools, which has helped him maintain a calm regulated body and be less reactive. Cal and Carissa agreed with reports from treatment team and has found interventions helpful even though the extended probation and house arrest has been stressful on their family.

*Intensive Care Coordination PN Plan:* Treatment team decided based on report to add positive promotion of building their family relationship through activities that balance the work of managing stress and trauma in their lives. Discussed finding positive activities that support living and loving aspects of life for the couple and family. Peer support specialist will brainstorm with couple/family activities. Treatment team will also help Cal learn to celebrate each accomplishment in his recovery to reinforce his goals.

Lum LCP, Mark S - 6/16/2023 3:16 PM PDT

**CONFIDENTIAL PATIENT INFORMATION**

CA W&I Code, Section 5328,  
42 CFR Part 2, 45 CFR Parts 160 & 164

County of Orange Health Care Agency  
**Mental Health and Recovery Services**

Patient: **Midad, Cal A.**

MRN: 1000-xx-xxxx

*Progress Notes*

**Billable Services**

Services: Targeted Case Management (ICC) (70899-412)

Service Minutes: 90 minute(s)

Document Minutes: 10 minute(s)

Travel Minutes: 0 minute(s)

Total Minutes: 100 minute(s)

Billable non-face to face time Y/N: No

Face to Face Minutes Billable: 90 minute(s)

Charge Details Opened?: Yes

Lum LCP, Mark S - 6/16/2023 3:16 PM PDT

**Image 49** - Images currently included in the form version of this document have not been included in the text rendition version of the form.

**Modifiers List** - Images currently included in the form version of this document have not been included in the text rendition version of the form.