

CONFIDENTIAL PATIENT INFORMATION

CA W&I Code, Section 5328,
42 CFR Part 2, 45 CFR Parts 160 & 164

County of Orange Health Care Agency
Mental Health and Recovery Services

HCA Custodian of Records
200 W. Santa Ana Blvd, Ste 125, Santa Ana, CA 92701

**Patient: Luz, Adriana****MRN: 1000-xx-xxxx****DOB/Age/Gender: 7/23/2016 5 years Female****Progress Notes****BH MHS Individual PC/CM PN****Service Date/Time:****Document Status:****Performed By:****Signing Clinician/Date of Signature****BH MHS Individual PC/CM PN - Text 5/26/2023****15:14 PDT****Auth (Verified)****Addams, Wednesday (12/26/2023 15:16 PDT)****Addams, Wednesday (12/26/2023 15:16 PDT)****BH MHS Individual PC/CM PN Entered On: 12/26/2023 3:24 PM PDT****Performed On: 12/26/2023 3:24 PM PDT by Addams, Wednesday****Mental Health Services Individual****Encounter Smart Template : Facility: CYS CEGU****FIN: 100xxxxxxxxxxx****Diagnosis Treated Today :**

1. Post-traumatic stress disorder, acute (F43.11)
2. Separation anxiety disorder (F93.0)

Purpose of Visit : Problem Treated Today: F43.11 PTSD - Acute and F93.0 Separation Anxiety.

Intervention PN : Adriana presented with sullen mood, pouting as she entered the therapist's office. She was whining, shaking, refusing to enter the office as she held onto cottage staff tightly. She complained and cried out that she wanted her mom and she did not want to talk to the therapist. Therapist utilized individual therapy due to report from cottage staff that client refused to eat breakfast, get dressed for school and hit and screamed at the staff who tried to intervene. Therapist reflected to client that she could see that client was sad and that she wanted to go back to the cottage, but it was important to talk about her feelings. Therapist asked client about her sleep last night. Client shared that she saw her daddy and mommy when she was sleeping last night. I am mad because "They did not take me with them! They left me"! Client sobbed and started throwing toys around the room. Therapist focused on working with client on controlling her breathing and teaching her self calming techniques by demonstrating taking deep breaths and counting down from 5 to 1. Client was able to follow therapist's instructions and breathing instructions for two counts and then burst into tears running to the door and banging on to exit. Therapist continued to help client regulate her body when stressful thoughts, memories or dreams come to mind.

MHS Individual PN Plan : Therapist will continue to work on building rapport and trust with client. Therapist will check in with client later today to monitor and assist her in expressing her feeling of frustration and sadness. Will work with client on strategies to use when she is scared, angry and frustrated with adults and peers. Therapist to monitor client's sleep regime and continued nightmares and enuresis. Will continue to address client's grief as she mourns multiple losses via death, abandonment and recent separation from the only known relative she had in the US.

Billable Services**Addams, Wednesday- 12/26/2022 3:16 PM PDT****MH Individual Billable Services: Psychotherapy 38-52 min (90834-4)****Service Minutes: 57 minute(s)****Document Minutes: 16 minute(s)****Travel Minutes: 0 minute(s)****Total Minutes: 73 minute(s)****Billable non-face to face time Y/N: No****Face to Face Minutes Billable: 57 minute(s)****Charge Details Opened ? Yes****Addams, Wednesday - 12/26/2022 3:16 PM PDT**

Image 49 - Images currently included in the form version of this document
have not been included in the text rendition version of the form.

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Report Request ID: 9449841**Page 1 of 1****Print Date/Time: 12/26/2022 15:25 PDT**