

**CONFIDENTIAL PATIENT INFORMATION**

CA W&I Code, Section 5328,  
42 CFR Part 2, 45 CFR Parts 160 & 164

County of Orange Health Care Agency  
**Mental Health and Recovery Services**

HCA Custodian of Records  
200 W. Santa Ana Blvd, Ste 125, Santa Ana, CA 92701



Patient: **Midad, Cal A.**

MRN: 1000-xx-xxxx

DOB/Age/Gender: 7/23/2016      6 years      Male

*Progress Notes*

BH Intensive Care Coordination PC/CM PN

Service Date/Time:

Document Status:

Performed By:

Signing Clinician/Date of Signature

BH Int. Care Coordination PC/CM PN - Text

6/16/2023 15:14 PDT

Auth (Verified)

Lum LCP, Mark S (6/16/2023 15:16 PDT)

Lum LCP, Mark S (6/16/2023 15:16 PDT)

**BH Intensive Care Coordination PC/CM PN Entered On: 6/16/2023 3:24 PM PDT**

**Performed On: 6/16/2023 3:14 PM PDT by Lum LCP, Mark S**

**Intensive Care Coordination**

Encounter Smart Template : Facility: CYS EAST

FIN: 1000xxxxxxx

Diagnosis Treated Today :

1. Post-traumatic stress disorder, acute (F43.11)
2. Educational maladjustment or discord (Z55.4)
3. Low income (Z59.6)

**Purpose of Visit:** Problem treated today: F43.11; Z59.6; Z55.4 - Team meeting for I.S. 90 day review of treatment plan, problem list and treatment progress. Cal, mother and father, sibling, individual and family therapists, case manager and peer support specialist were present in the meeting.

**Intervention PN:** Each treatment team member presented on what treatment goals have been accomplished. Individual therapist reported that client has done well with psychoeducation, relaxation and bilateral movement techniques and 3 EMDR sessions have helped client stabilize more at home. Family therapist reported working with family to support Cal in using his coping tools as well as practicing them when they discuss any stressful matters in session and recognizing when the stress level rises. Peer support specialist reported that they have found a soccer team for Cal and have engaged the family in a positive activity to promote fun experience in which the entire family could support Cal. Case manager has also explored other resources for positive activities that the family can participate in including affordable movie nights to increase family spending time in fun and play. Reviewed with treatment team concerns regarding school attendance as Cal has missed enough days that any further misses are considered truant without a doctor's note. Parents are worried about threatening letter from school. Treatment team decided that IHBS will benefit client in coaching him to use his self-regulation skills to keep his body calm when responding to perceived stress/danger.

**Intensive Care Coordination PN Plan:** Individual therapist will address with school client's condition and trauma abreacons at school and encourage client to practice in school his regulation techniques and bilateral movement. EMDR sessions will continue to help client decrease stress level and allow client to verbalize without becoming overly stressed and help client process these unspoken narratives. Therapist will add IHBS to ICC/IHBS care plan. Family therapist will continue to address family's tendency to avoid each other to minimize painful memories and assist family in processing some of the unspoken events that have happened while helping the family to maintain calmness in their bodies. Peer support specialist will continue to work with family to increase positive family outings to promote engaging in life activities together. Case manager will continue to assess for any need for resources to keep family stress level from poverty manageable. IHBS provider will assist client in using his relaxation and bilateral coping skills to maintain a calm body while responding to perceived stress/danger.

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**Billable Services**

Service: Targeted Case Management (70899-412)

Service Minutes: 75 minute(s)

Document Minutes: 10 minute(s)

Travel Minutes: 0 minute(s)

Total Minutes: 85 minute(s)

Billable non-face to face time Y/N: No

Face to Face Minutes Billable: 75 minute(s)

Charge Details Opened?: Yes

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**Image 49** - Images currently included in the form version of this document have not been included in the text rendition version of the form.

**Modifiers List** - Images currently included in the form version of this document have not been included in the text rendition version of the form.