

CONFIDENTIAL PATIENT INFORMATION

CA W&I Code, Section 5328,

42 CFR Part 2, 45 CFR Parts 160 & 164

County of Orange Health Care Agency

Mental Health and Recovery Services

HCA Custodian of Records

200 W. Santa Ana Blvd, Ste 125, Santa Ana, CA 92701

Patient: **Santos, J**

DOB/Age/Gender: 7/12/2013

9 years-old Male

MRN: 1000-xx-xxxx

Evaluations

Document Name:	BH Assessment - Text
Service Date/Time:	1/11/2023 14:04 PST
Document Status:	Modified
Performed By:	Ceja LMFT, Eduardo Alejandro (1/11/2023 14:20 PDT)
Signing Clinician/Date of Signature	Ceja LMFT, Eduardo Alejandro (1/11/2023 10:53 PDT); Ceja LMFT, Eduardo Alejandro (1/12/2023 08:33PDT); Ceja LMFT, Eduardo Alejandro (1/12/2023 14:21 PDT); Ceja LMFT, Eduardo Alejandro (1/12/2023 14:27 PDT); Ceja LMFT, Eduardo Alejandro (1/12/2023 15:21 PDT);

BH Assessment Entered On: 1/11/2023 2:27 PM PDT
Performed On: 1/11/2023 2:04 PM PST by Ceja LMFT, Eduardo Alejandro

DOMAIN 1*I am a Licensed or licensed waived provider. : Yes*

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:04 PMPDT

Presenting Problems: Client is a 9-year-old Hispanic male. Client is currently in foster care and recently immigrated to the United States. Client is presenting with symptoms of having daily intrusive memories and flashbacks, nightmares, hoarding/hiding food at home and school, feels guilty and thinks "It's my fault mom is not here," anger outburst that escalates into breaking things, crying and yelling, avoids dark places, is easily startled, hyper-vigilance, some difficulty sitting still and has difficulty focusing/daydreams often. Client experienced various traumatic events during his immigration journey to the United States such as getting severely ill, experiencing extreme hunger and dehydration, being taken away from his mother and not seeing her again (mom was killed), being locked up in a dark and small space and witnessing violence during the trip. Client left Mexico because of increased threats to his family from a local cartel. Client was referred to therapeutic services from social worker and due to concerns from foster parents.

Ceja LMFT, Eduardo Alejandro - 1/11/2023 10:53AM PDT

History of Presenting Problem: Due to there being no contact with someone close to client before coming to the United States, no history of the problem was obtained however per client the "scary dreams" and "scary memories" began after the trip when he came to the United States. Foster parents were asked about his history of behavior since coming into their care about 2 months ago and they reported the anger outburst, crying, yelling and hoarding have been becoming more frequent at home and seen more in the evening time.

Ceja LMFT, Eduardo Alejandro - 1/11/2023 10:53 AM PDT

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County of Orange Health Care Agency

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**

Evaluations

Encounter Smart Template: Facility: MHP County Tx EOC
FIN: 100010704963

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:04 PM PDT

DOMAIN 1 - Mental Status Exam*Delusions:* None*I am a Licensed or licensed waived provider:* Yes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

Appears: Stated age*Manner of Dress:* Appropriate*Hygiene Level:* Normal*Speech Production:* Normal*Attitude & Rapport:* Cooperative, Distant, Guarded*Eye Contact:* Avoidant*Motor Activity:* Other: some difficulty sitting still*Mood:* Anxious*Affect:* Appropriate*Thought Processes:* Normal*Content:* Mood congruent*Hallucinations:* None*Themes or Preoccupations:* None*Somatic:* None*Orientation:* None*Concentration & Memory:* Intact*Concentration & Memory Measured by:* Immediate recall*General Fund of Knowledge:* Average*Estimated Intellectual level:* Average*Insight:* Fair*Judgment:* Fair

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

DOMAIN 1 - Immediate Concern*Current Thoughts of Self-Harm:* Denies*Current Suicidal Ideation:* Yes*Suicidal Ideation:* Thoughts

Suicidal Ideation Details: per foster parent client stated once about three weeks ago he "didn't want to live". Client was asked about it and stated he was really sad and was thinking about his mom but only said that once. When asked if he felt this way today. client said no.

Suicide Risk Indicators: Current / previous S/I, S/A, Recent loss (death, divorce, job), Significant life events/stressors*Suicide Protective Factors/Consumer Strengths:* Future plans/ goals, Seeing a therapist, Religiously/ spiritually involved*Current Homicidal Ideation:* Denies*Current Grave Disability:* No*Impulse Control:* Fair

Impulse Control Narrative: Client is showing higher risk and inability to manage his impulse control as reported by the increase frequency and dysregulation during his anger outburst

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**

Evaluations

DOMAIN 1 - ADL'sADLs Grid*Personal Hygiene:* Independent*Dressing:* Independent*Eating:* Independent*Maintaining Continence:* Independent*Transferring/Mobility:* Independent

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Travels Via: Own Conveyance*Effectively communicates needs to others:* Sometimes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

IADLs Grid*Ability to Keep Appointments:* Independent*Housework:* Independent*Meal Preparation:* Independent*Managing Medication:* Independent*Transportation:* Independent

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Daily Activities Impairment: Yes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Symptoms: intrusive thoughts and memories, hypervigilance*Behaviors:* Client will daydream and have flashbacks. Client will be cautious and avoid things.*Impairments:* symptoms and behaviors limit client's ability to engage fully in age-appropriate activities with other peers and foster family

Ceja LMFT, Eduardo Alejandro - 1/12/2023 9:11 AM PDT

DOMAIN 2 - Abuse & Trauma*Abuse or Trauma:* Yes*Abuse or Trauma Narrative:* Client recently immigrated to the United States and had a traumatic immigration journey. Client witnessed violence to others during his immigration, was separated from mother during the trip where mother was taken and killed, client got extremely ill and had very little food and water during the trip. During the trip client was placed with others in a very small cargo space that made it difficult to breathe, Client had threats to his family made when in his homeland that resulted in them leaving.

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Abuse as Child Past Grid*Physically Abused?:* No*Neglected?:* No*Sexually abused or molested?:* No*Witness to violent acts?:* Yes*Were there any other childhood events to note?:* Yes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Abuse as Child Current Grid*Physically Abused?:* No*Neglected?:* No*Sexually abused or molested?:* No*Witness to violent acts?:* No*Were there any other childhood events to note?:* No

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**Evaluations

If Yes, please describe any negative life circumstances (e.g., homelessness) or placements (e.g., foster care) which resulted from the past or current Abuse or Trauma?: Due to client's traumatic experiences he is experiencing difficulty adjusting to his placement with foster parents and places his placement at risk of failing

Ceja LMFT, Eduardo Alejandro - 1/11/2023 2:28 PM PDT

DOMAIN 3 - Psychiatric History*History of Mental Health Treatment:* No*Medication History**Narrative:* none reported*Mental Illness management Impairment:* No

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

DOMAIN 3 - Substance*Substance Abuse & Recovery Narrative:* none reported*Substance Abuse Impairment:* No

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

DOMAIN 4 - Medical*I am a Licensed or licensed waived provider:* Yes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

Medical Problems as Reported by Client: it was reported client became very ill, had little water or food during his immigration trip. Client did state they had to get off the train so he could "get better because mom didn't want me to die"

Current & Past Medications: none at this time.*Physical Health Care Impairment:* No

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

DOMAIN 4 - Developmental Hx*20 years old or younger:* Yes*Were the client's developmental milestones achieved within normal limits? :* Unable to assess*Issues during mother's pregnancy:* Unknown*Perinatal Problems:* Unknown*Special Problems, delays or events in childhood:* Unknown

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

DOMAIN 4 - Care Coordination*Does client have Medi-Cal/ Health Insurance?:* Yes*Does the client have a PCP?:* Yes

Ceja LMFT, Eduardo Alejandro - 1/11/2023 3:43 PM PDT

Physician/HC Provider/Dentist Grid

<i>Physician/ Health Care Provider:</i>	Dr Mario
<i>Specialty:</i>	Primary Care Physician
<i>Address:</i>	121 Cura Lane Orange county
<i>Phone:</i>	714-123-4567
	Ceja, LMFT Eduardo Alejandro 4/24/2023 3:43 PM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**Evaluations**DOMAIN 5 - Family Hx***Primary Care Giver 0-17:* 0*Primary Care Giver 18+:* 0*Other Pertinent History:* Unknown*Mental Health:* Unknown*Substance Use:* Unknown*Other Medical Condition:* Unknown

Family History (narrative for additional details) : Family history was obtained per client interview and information from social worker, Limited information is know due to inability to locate family members for client from Mexico. Client stated he has a father but did not see him often as mother would tell him he is working in the mountain area and "can't come home". Client stated when in Mexico he would play by a tree and river and sometimes a neighbor would watch him as his mom went to get food from the local town. Client talked about going to town to sell dolls made of string so they could have some money. Client was separated from mother during their immigration to the United States and mother was killed during the trip. Client has recently been placed in foster care. Client stated he has no siblings.

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:40 AM PDT

DOMAIN 5 - Education*Education Completed:* 3rd Grade

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:40 AM PDT

Education History Grid

<i>Date Type:</i>	Estimated
<i>Event Date:</i>	1/1/2023 PST
<i>Education Status:</i>	Enrolled
<i>Attendance Level:</i>	Attends/attended school most of the time
<i>Grades:</i>	Below average
<i>Special Education Eligibility (Per IEP):</i>	Not Applicable (Comment: currently being assessed for IEP and is enrolled in Migrant education program [Ceja LMFT, Eduardo Alejandro - 4/25/2023 8:48 AM PDT])
<i>Special Education Setting (Per IEP)</i>	Not Applicable
	Ceja LMFT, Eduardo Alejandro - 4/25/2023 9:09 AM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**

Evaluations

Educational/ Vocational Impairment : Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

Symptoms: difficulty focusing in class, possible flashbacks and intrusive memories while in class, inability to sit still in class, hyper vigilance*Behaviors:* will daydream in class or be pensive, wants to get out of seat, will be looking around often*Impairments:* does not listen to subjects being taught that results in not pay attention and getting low grades. Will get out of seat, and it disrupts the classroom flow which gets him in trouble.

Ceja LMFT, Eduardo Alejandro - 1/12/2023 9:11 AM PDT

Education Problems Grid*Problems with paying attention:* Yes*Problems getting along with teachers:* No*Problems with studying:* Yes*Problems with grades:* Yes*Problems with truancy:* No*Disruptive class behavior:* Yes*Suspensions or transfers:* No*Special education:* No*Special day classes:* No*Tutoring:* Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:40 AMPDT

Problems learning certain subjects: Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 9:11 AMPDT

DOMAIN 5 - Employment Financial*Current Employment:* Student*Is Employment a goal:* No*Employment Impairment:* No*Income Source:* caretaker*SSI/SSDI Status:* Not Applicable*Financial/ Money Management Impairment:* No

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

DOMAIN 5 - Gender-Sexual Orient*Birth Sex:* Male*Gender Identity:* Male*Sexual Orientation:* Heterosexual*Preferred Pronouns Narrative:* He/Him/His*Client's Relationship with their Family:* Positive*If the client identifies as Transgender, are they pursuing a medical transition process?:* No

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

DOMAIN 5 - Living ArrangementHousing Assistance Grid*Section 8:* No*Other Financial:* No*Continuum of Care:* No*IPF:* No*IHF:* No*Family Support:* No

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**Evaluations*Current Living Arrangement:* Foster Care*For additional Living Arrangement information, please describe here:* client has been living in foster placement for around 2 months per writing of this assessment.*Living Arrangement/ Housing Impairment:* Yes*Symptoms:* trauma abreaactions, hoarding food*Behaviors:* anger outburst at home include yelling, breaking things. hoarding is seen at home as client hiding food, stealing food at night and from peers in school and will hide them in his room causing a foul odor due to hiding them.*Impairments:* anger outburst create a strain on client and foster parents relationship and puts his placement at risk. Hoarding creates unsanitary conditions and creates more stress at home with family.

Ceja LMFT, Eduardo Alejandro - 1/13/2023 8:48 AM PDT

DOMAIN 5 - Legal*Legal Impairment :* No*Court Involvement :* Yes*If yes, please explain :* Client has an active immigration/asylum case. Next court hearing is TBD per social worker*Incarceration History :* No

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

DOMAIN 5 - Cul, Rel, Spirituality*Client's culture and how it may impact treatment/recovery:* Client is from the southern region of Mexico, acculturation and assimilation issues might come up as treatment progresses however none are seen at time of assessment. Foster family is Hispanic, speak Spanish and English at home. Therapy services are bilingual in Spanish. Client is enrolled in a migrant education program at school.*Client's religion and how it may impact treatment/recovery:* client stated he did know if he had a religion but would go to church with his mother if they walked around the local town. Local church support might be a positive resource in clients recovery*Client's spirituality and how it may impact treatment/recovery:* Client is spiritual and stated mother is in heaven, "up there in the clouds" Spirituality might be a strength area in developing as grief issues come up from client's loss of mother

Ceja LMFT, Eduardo Alejandro - 1/12/2023 8:48 AM PDT

DOMAIN 5 - SupplementalCare Giver Grid

<i>Care Giver:</i>	Roberto Cruz	Elvira Cruz
<i>Address:</i>	1234 main street	1234 main street
<i>Relationship:</i>	foster father	foster mother
	Ceja LMFT, Eduardo Alejandro - 4/25/2023 8:48 AM PDT	Ceja LMFT, Eduardo Alejandro - 4/25/2023 8:48 AM PDT

DOMAIN 6 - Harm Assessment*Self Harm Thoughts:* No*Suicide Ideation:* Yes*Suicidal Ideation Details:* client had one incident of suicidal ideation that client and foster parent reported. Client stated he "wanted to die" but when asked about it by therapist he stated he didn't really want to do it and did not have a plan (did not result in hospitalization). The incident occurred about 3 weeks ago. Per client he said he was said it when he was feeling really sad about mom and thinking about her*Suicide Attempts:* No*Thoughts of Hurting Others:* No*Violence History:* No

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**

Evaluations

Safety Plan: safety plan was developed and is in place after incident of ideation was reported by social worker about 3 weeks ago. Foster parents are aware of the plan and have a copy in the kitchen area.

Was a support person informed about the Safety Plan? Yes

If yes, who was informed and what is their role in the client's life?: foster parents are aware of the plan that was created

Ceja LMFT, Eduardo Alejandro - 1/12/2023 9:14 AM PDT

DOMAIN 6 - Strengths

Client's Strengths: client is resilient, funny, family oriented.

Client's social supports, hobbies, interests: Per client and foster parent client does not have any friends in school and will play alone at times. When foster parents have had social outings with extended family or in the community it is reported client is shy, slow to warm up to new people, hesitates about things and will then engage and play with other children. Foster parents did report client will sometimes play alone even when other children are around. When assessing client's communication needs, client seems to have difficulty communicating his needs in a safe way as it comes out behaviorally when emotions are high and will have anger outburst, crying or hoard more food.

Social Relationships/ Communication Skills Impairment: Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 9:14 AM PDT

Symptoms: trauma abreaactions, feels insecure

Behaviors: client will yell and cry when upset showing difficulty regulating his emotions. hoarding behaviors

Impairments: behaviors and symptoms put a strain on the family relationship, impairs client's ability to bond and develop relationship with foster family.

Ceja LMFT, Eduardo Alejandro - 1/12/2023 2:00 PM PDT

DOMAIN 7 - Clinical Summary

I am a Licensed or licensed waived provider: Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 2:00 PM PDT

Diagnostic/clinical impression: Client is presenting with symptoms of Post Traumatic stress disorder (F43.10) due to presenting behaviors of daily intrusive memories and flashbacks, hoarding/hiding food at home and school. feels guilty and thinks "it's my fault mom is not here", will have anger outburst that escalate into breaking things, crying and yelling. avoids dark places, is easily startled, hyper vigilant, some difficulty sitting still and has difficulty focusing/daydreams often. Client has experienced various traumatic events during his immigration to the United States and most of his symptoms and diagnosis seem to be a result of that trauma. Currently client is placed in foster care and enrolled in school. His symptoms are creating impairments for client to be successful in his various life domains. Other diagnoses were looked into at time of assessment such as depression, ADHD; however, the diagnosis of PTSD best fits what the client is currently presenting with.

Determination of: medical necessity, level of care, access criteria: Client was referred to and met access criteria for a mental health assessment through his involvement in social services. Due to client's symptoms, behaviors, impairments and diagnosis, client meets medical necessity for specialty mental health services. Client's involvement with social services and the courts qualify client for Pathways to wellbeing and to receive intensive care coordination and Intensive home-based services.

Treatment recommendations: Client will be provided specialty mental health services that include individual therapy to work on process trauma, manage impairing symptoms such as flashbacks, process guilt and learn about trauma abreaactions, play therapy and learn coping skills. Intensive care coordination to coordinate care with other services such as social services, school and wraparound. Intensive home-based services to work with client on learning coping skills to manage safely his behavioral symptoms such as anger outburst in addition to working with foster parents in learning skills to support client's behavioral goals at home. Client will be referred for medication to see if he is a candidate for medication.

Ceja LMFT, Eduardo Alejandro - 1/13/2023 8:33 AM PDT

I have completed the assessment and am ready to add a diagnosis: Yes

Ceja LMFT, Eduardo Alejandro - 1/12/2023 2:00 PM PDT

Mental Health and Recovery ServicesPatient: **Santos, J**MRN: **1000-xx-xxxx**

Evaluations

Diagnosis & Problems*Non-ICD problems and conditions:*

390790000 Asylum Seeker

285849008 Difficulty controlling anger

30871003 Flashbacks

7571003 Feelings of guilt

490279000 Caretaking/parenting skills education/guidance and counseling

248025009 Hoarding

224965009 grief finding

General Medical Conditions: Patient Denies any Medical Conditions*Primary Medical Condition:* Patient Denies any Medical Conditions*Secondary Medical Condition:* N/A

Ceja LMFT, Eduardo Alejandro - 1/12/2023 2:21 PM PDT

Problems (Active)Post-traumatic stress disorder,
unspecified (ICD-10-CM:
F43.10)*Problem:* Post-traumatic stress disorder, unspecified; *Onset Date:* 1/11/2023; *Recorder:* Ceja, Eduardo A.; *Confirmation:* Confirmed; *Classification:* Behavioral Health ; *Code:* F43.10; *Contributor System:* PowerChart ; *Last Updated:* 4/26/2023 8:36 AM PDT ; *Life Cycle Status:* Active ; *Ranking:* Primary; *Vocabulary:* ICD-10-CMDiagnoses (Active)Other specified anxiety
disorder, (ICD-10-CM: F41.8)*Date:* 4/4/2023; *Diagnosis Type:* Active; *Confirmation:* Confirmed; *Clinical Dx:* Other specified anxiety disorder; *Classification:* Behavioral Health ; *Clinical Service:* Non-Specified ; *Code:* ICD-10-CM ; *Probability:* 0; *Diagnosis Code:* F41.8