CONFIDENTIAL PATIENT INFORMATION
See California W & I Code (Section 5328)
Fed. Regs 42 CFR Part 2

COUNTY OF ORANGE, CALIFORNIA HEALTH CARE AGENCY BEHAVIORAL HEALTH SERVICES
MHP ENCOUNTER DOCUMENT

Clinic Name: Western Youth Services Inc. - East
Clinic Address: 200 W. Santa Ana Blvd., Suite 801, Santa Ana, CA 92701

Check only one encounter type

☑ **Clinic** ☐ **Field**

☐ **Telephone** Indicate Location ☐ Clt's Home ☐ Other than Clt's Home

☐ **Telehealth** Indicate Location ☐ Clt's Home ☐ Other than Clt's Home

☐ **Home** Indicate Location
- ☐ Adult Group Home
- ☐ Assisted Living Facility
- ☐ Board & Care
- ☐ Child/Youth Group Home
- ☐ Private Residence
- ☐ Psych Res Tx Ctr

☐ **Site Visit** Indicate Location
- ☐ Age Specific Comm Ctr
- ☐ Client's job site
- ☐ Community Court
- ☐ Correctional: _____
- ☐ Community Location: _____
- ☐ Drug/Alcohol Residential
- ☐ ER
- ☐ Faith Based
- ☐ Homeless Shelter
- ☐ Host Clinic: Western Youth Services Inc. - East
- ☐ Independent Clinic
- ☐ Inpt Medical Hosp
- ☐ Inpt Psych Facility
- ☐ Lameroux Fam Court
- ☐ Phoenix House
- ☐ Probation
- ☐ Psy Fac–Partial Hosp
- ☐ PH Clinic - Rural
- ☐ PH Clinic – State or Local
- ☐ School
- ☐ SNF

Include address where service was provided if Field or Site Visit was selected as the encounter

Date ED Entered	OT Initials

Client's Name: Cal A. Midad
DOB: 7/23/2016
MRN #: 1000-xx-xxxx
FIN #:

Face to Face	Trauma	Substance Abuse Diagnosis	General Medical Condition Codes
☑ Y ☐ N	☑ Y ☐ N ☐ Unknown	☐ Y ☑ N ☐ Unknown	K58.1 Irritable Bowel & constipation

Purpose of today's visit (Why am I seeing client today?)

Problem treated today: F43.11; Z55.4 - Cal continues to struggle with peers and teachers at school and has been having more trauma abreactions as he is required to attend school. Cal has difficulty even talking about his distress in session without having stomachaches and needing to stop discussing school difficulties.

Interventions (What did I do today?)

Intervention: Provided Individual Therapy and utilized EMDR and psychoeducation of trauma and use of a "Distress thermometer" to help Cal become aware of his stress level in his body and when to use his coping tools. Used EMDR to help Cal lower his stress level and see how the distress level changes as his body feels more calm. Helped him see that he can put words to these feelings when he is in a calm body and that his last distress level reading was much lower than when we started session. Cal was able to discuss what happened at school with the use of the distress model and EMDR.

Plan (What will we do next?)

Plan: Will continue to utilize EMDR and use the distress thermometer as well as teach Cal to use the bilateral movements when he is distressed and not in session with the therapist. Will also discuss in the upcoming CFT meeting about considering adding IHBS to help practice these coping skills when he is distressed and outside of the therapy session in his home and school environment.

Signature: Mark Lum, Psy.D., Licensed Psychologist **Date:** 5/26/2023
Provider Name and License

Client Name: Cal A. Midad

MRN: 1000-xx-xxxx

ICD-10 Dx Treated Today (Primary First)		Date of Service	Service Minutes	Date of Documentation	Documentation Minutes	Travel Minutes	Face to Face Minutes
F43.11	K58.1	5/26/2023	45	S	10	0	45
Z55.4							
		Language in which client received services, if other than English:					

Repeat Svc Corrections Only	Date ED Corrct'd	OT Initials	Interpreter utilized? ☐ (Describe in Progress Note)
☐ 27			

MHS ASSESSMENT			
Description	**CDM Code**	**Description**	**CDM Code**
Comprehensive Multidisciplinary Eval, 15 Min	☐ 70899-417	Psychological Testing Eval, First Hour	☐ 96130-4
Mental Health Assessment by Non-Physician, 15 Min	☐ 70899-418	Psychological Testing Eval, Each Add'l Hour	☐ 96131-4
Psych Diagnostic Eval, 15 Min	☐ 90791-4	Neuropsychological Testing Eval, First Hour	☐ 96132-4
Psych Eval of Hospital Record, 15 Min	☐ 90885-4	Neuropsychological Testing Eval, Each Additional Hour	☐ 96133-4
Assessment of Aphasia, per Hour	☐ 96105-4	Psych or Neuropsychological Test Admin, First 30 Min	☐ 96136-4
Developmental Screening, 15 Min	☐ 96110-4	Psych or Neuropsych Test Admin, Each Additional 30 Min	☐ 96137-4
Developmental Testing, First Hour	☐ 96112-4	Psych or Neuropsych Test Admin by Tech, First 30 Min	☐ 96138-4
Developmental Testing, Each Additional 30 Min	☐ 96113-4	Psych or Neuropsych Test Admin, Each Additional 30 Min	☐ 96139-4
Neurobehavioral Status Exam, First Hour	☐ 96116-4	Psych or Neuropsych Test Admin, 15 Min	☐ 96146-4
Neurobehavioral Status Exam, Each Additional Hour	☐ 96121-4	Telephone Assmt and Mgmt Service, 5-10 Min	☐ 98966-4
Standardized Cognitive Performance Testing, per Hour	☐ 96125-4	Telephone Assmt and Mgmt Service, 11-20 Min	☐ 98967-4
Brief Emotional/Behavioral Assessment, 15 Min	☐ 96127-4	Telephone Assmt and Mgmt Service, 21-30 Min	☐ 98968-4
CASE MANAGEMENT		**MHS FAMILY THERAPY**	
Targeted Case Management (or ICC), Each 15 Min	☐ 70899-412	Family Psychotherapy [Conjoint Psychotherapy] , 50 Min	☐ 90847-4
MHS INDIVIDUAL THERAPY		**PLAN DEVELOPMENT**	
Psychotherapy, 30 Min	☐ 90832-4	MHS Plan Developed by Non-Phys, 15 Minutes	☐ 70899-422
Psychotherapy, 45 Min	☑ 90834-4	Med Team Conf by Non-MD, F2F w Pt/Family, 30 Min +	☐ 99366-4
Psychotherapy, 60 Min	☐ 90837-4	Med Team Conf by Non-MD, Pt/Fam not Present, 30 Min+	☐ 99368-4
		Care Management Svcs for BH Condition, at least 20 min	☐ 99484-4
CRISIS SVCS		**REHAB SVCS**	
Psychotherapy for Crisis, First 30-74 Min	☐ 90839-4	Psychosocial Rehab (or IHBS), 15 Min	☐ 70899-423
Psychotherapy for Crisis, Each Additional 30 Min	☐ 90840-4	Wrap Services, 15 Min	☐ 70899-424
SUPPLEMETAL SVCS/ NONBILLABLE SVCS			
Sign Lang. or Oral Interp. Svs, 15 Min	☐ 70899-411	NonBillable BH Individual Therapy	☐ 70899-406
Interactive Complexity	☐ 90785-4	NonBillable BH Mental Health Assessment Svcs	☐ 70899-407
Interp. of Psych Results to Fam/Others, 15 Min	☐ 90887-4	NonBillable Plan Development	☐ 70899-410
NonBillable BH Case Management Svcs	☐ 70899-402	NonBillable Rehab Svcs	☐ 70899-425
NonBillable BH Crisis Svcs	☐ 70899-403	**MHS GROUP**	
NonBillable BH Family Therapy	☐ 70899-404	**# of Clients** / **# of Staff** / **Co-Therapist Name**	
NonBillable BH Group Therapy	☐ 70899-405		
		Multiple-Family Group Psychotherapy, 15 Min	☐ 90849-4
		Group Psychotherapy, 15 Min	☐ 90853-4
		Psychosocial Rehab (Group Education), 15 Min	☐ 70899-429
CPT MODIFIERS M61		**EVIDENCE BASED PRACTICES (EBP)**	
I authorize HCA to bill for svcs indicated on this fee sheet. I certify that the svcs shown on this sheet were furnished by me personally, that the svcs were medically necessary.		**SERVICE STRATEGIES (SS)**	M99B EMDR

Mark Lum, Psy.D., Licensed Psychologist	Mark Lum, Psy.D., Licensed Psychologist
Print Provider Name and License	**Provider Signature**