

County of Orange Health Care Agency  
Behavioral Health Services



HCA Custodian of Records  
200 W. Santa Ana Blvd, Ste. 125, Santa Ana, CA 92701

Patient: **Zzztest, KA**  
DOB/Age/Gender: 07/12/2004 17 years Female

MRN: **1000-67-0595**

---

*Evaluations*

---

Document Name: BH Bio-Psychosocial - Text  
Service Date/Time: 03/23/2022 16:45 PM  
Document Status: Auth. (Verified)  
Created by: Dee, M. (03/23/2022 13:51 PM)  
Signed by: Dee, M., NPI#: 10x-xxx-xxxx (03/23/2022 13:51 PM)

**BH Bio-Psychosocial Evaluation Entered On: 3/23/2022 5:07 PM**  
**Performed On: 3/23/2022 4:45PM by Dee, M.**

**Presenting Problems & Current Episode**

*Presenting Problem:* KA was referred by her therapist, Mark Lum, for psychiatric assessment today. KA was accompanied by her foster mother and social worker to provide as much developmental history available and corroborative data regarding her current difficulties. Per foster mother, KA has struggled with significant verbal and physical aggression with foster parents and foster siblings, which puts her current foster placement at risk. KA has been with 36 other placements since 2009. Social worker reported that she was a victim of physical and sexual abuse at age 5 by biological mother's boyfriend. KA was removed from the home, and reunification was unsuccessful as biological mother continued her relationship with the boyfriend. KA suffers from flashbacks and repeated nightmares.

Dee, M. 3/23/2022 1:18 PM

Psychosis Grid

*Delusions:* Yes  
*Hallucinations:* None  
*Negative Symptoms/Affective Flattening:* None  
*Disorganized/Incoherent Speech:* None  
*Disorganized/Catatonic Behavior:* None  
*Other Psychosis Issues:* None

Dee, M. 3/23/2022 10:37 AM

*Psychosis Narrative:* KA has delusions of being controlled by others, which is evident in her interactions with foster parents. She also believes that her foster siblings are trying to engage with her in a sexual manner. Caregiver reports that KA is sexually provocative with foster siblings, then complains that she is the victim.

Dee, M. 3/23/2022 10:37 AM

Mood Grid

*Loss of Interest/Pleasure:* None  
*Significant Weight/Appetite Change:* None  
*Insomnia/Hypersomnia:* None  
*Motor Agitation/Retardation:* None  
*Fatigue/Loss of Energy:* None  
*Feelings of Worthlessness/Guilt:* None  
*Decreased Ability to Concentrate:* Yes  
*Suicidal Ideation:* Yes  
*Homicidal Ideation:* Yes  
*Elevated, Expansive, Irritable:* Yes  
*Flight of Ideas/Racing Thoughts:* None  
*Inflated Self Esteem/Grandiose:* None  
*Increased Goal Directed Activity:* Yes  
*Distractibility:* Yes

County of Orange Health Care Agency  
Behavioral Health Services

Patient: Zzztest, KA

MRN#: 1000-670595

---

*Evaluations*

---

*Increase in Pleasure Seeking/Risk-Taking:* Yes  
*More Talkative:* None  
*Decreased Need for Sleep:* None  
*Other Mood Issues:* None

*Depressed Mood:* Yes

Dee, M. 3/23/2022 10:37 AM

*Mood Narrative:* KA is mostly depressed and irritable. Her mood is usually angry and results in verbal and physical aggression toward her caregiver, foster siblings and peers. Foster mother reported that her moods are unpredictable, and her reactions are usually beyond what would be expected.

Dee, M. 3/23/2022 10:37 AM

Anxiety Grid

*Excessive Anxiety/Worry:* None  
*Restlessness/Feeling on Edge:* Yes  
*Recurrent/Persistent Thoughts:* Yes  
*Repetitive Behaviors:* None  
*De-realization/Depersonalization:* Yes  
*Fear of Losing Control:* Yes  
*Persistent Avoidance of Certain Situations:* Yes  
*Feeling as if Traumatic Events Were Recurring:* Yes  
*Recurrent, Distressing Dreams:* Yes  
*Other Anxiety Issues:* None

Dee, M. 3/23/2022 1:18PM

*Anxiety Narrative:* KA is over-reactive to even the slightest stresses or situations. According to foster mother, she appears to be in another world or "spacing". She avoids situations and people by running away from foster placement.

Dee, M. 3/23/2022 10:37 AM

Somatic Grid

*Muscle Tension:* Yes  
*Palpitation/Pounding Heart:* Yes  
*Sweating:* None  
*Trembling/Shaking:* None  
*Shortness of Breath or Smothering Sensation:* None  
*Choking Sensation:* None  
*Chest Pain/Discomfort:* None  
*Nausea/Stomach Distress:* Yes  
*Dizzy, Unsteady, Light Headed:* None  
*Numbness or Tingling:* None  
*Chills/Hot Flashes:* None  
*Other Somatic Issues:* None

Dee, M. 3/23/2022 10:37 AM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

*Somatic Narrative:* KA complains of somatic symptoms, which are related to her avoidance of school. She dislikes any conflict and has multiple complaints. She is at risk to be retained because of her excessive absence.

Dee, M. 3/23/2022 10:37 AM

Recent & Past Harm Assessment

*Suicidal Ideation:* Yes

*Suicide Ideation Details:* KA has experienced suicidal ideations since age 5. Presently, she makes suicidal threats at least 3 times a week and increases when she does not get her way with other foster siblings or is in conflict with foster mother.

*Suicide Attempts:* Yes

*Past Thoughts of Hurting Others Details:* Threatens foster siblings and foster parents weekly. KA has not acted on those threats physically.

*Thoughts of Hurting Others:* Yes

Dee, M. 3/23/2022 4:45 PM

Suicide Attempts Details

Past Suicide Attempts Grid

<i>When:</i>	2010
<i>How:</i>	OD on acetaminophen
<i>Comments:</i>	Resulted in multiple hospitalization and 2 year stay in RCL Level14 group home.
<i>Outpatient Treatment? :</i>	Yes (Comment: Evaluations only as her transition to numerous placements interrupted consistent treatment. [Dee, M. 3/23/2022 1:51PM])
<i>Hospitalization?:</i>	Yes
	Dee, M. 3/23/2022 12:43 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

Psychiatric History

*History of Mental Health Treatment:* Yes

*Age of Onset:* 5 years old

*Outpatient:* Yes

*Narrative:* Mostly evaluations and minimal treatment as multiple placements interfered with consistent treatment.

*Psychiatric Hospitalization:* Yes

*Narrative:* See documentation table regarding hospitalization.

Dee, M. - 3/23/2022 4:45 PM

**Psychiatric Hospitalization**

Psychiatric Hospitalizations Grid

<i>Doc Date:</i>	3/23/2022	3/23/2022
<i>Hospital Name:</i>	College Hospital Costa Mesa	Western Medical
<i>Admission Date:</i>	10/16/2010	6/26/2013
<i>D/C Date:</i>	10/20/2010	6/30/2013
<i>LOS:</i>	4 days	4days
<i>Reason:</i>	DTS	DTO
<i>Admission Legal Status:</i>	Voluntary	Involuntary to Voluntary
<i>Source of Information:</i>	Client, Other/Unverified Source (Comment: Foster mother [Dee, M. 3/23/2022 1:51 PM])	Client, Other/Unverified Source (Comment: KA struggling with foster sibling. Attempt to harm foster sibling resulted in hospitalization. Much accusations and high level of stress an anger [Dee, M. - 3/23/2022 1:51PM])
	Dee, M. 3/23/2022 12:43 PM	Dee, M. 3/23/2022 12:43 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

**MSE Appearance/Speech/Interaction**

*Appears:* Stated age  
*Manner of Dress:* Appropriate  
*Hygiene Level:* Normal  
*Speech Production:* Loud  
*Attitude & Rapport:* Distant, Guarded, Evasive, Demanding, Hostile, Impulsive  
*Eye Contact:* Stares into space  
*Abnormalities of Activity:* Agitated, Pacing

Dee, M. - 3/23/2022 4:45 PM

**MSE Emotional State**

*Mood:* Depressed, Agitated, Anxious  
*Affect:* Labile

Dee, M. - 3/23/2022 4:45 PM

**MSE Thoughts/Content/Perceptions**

*Narrative:* KA is concrete in her thought processes and tends to persevere on stresses that she cannot resolve quickly. Presently, her thoughts are consumed with worries about housing and employment. She is fearful that she will not be able to learn any skills to be employed. She has little hope that she will be able to form lasting relationships that would help her maintain housing and employment. She gets jealous of others and is quick to blame others for sabotaging her efforts to be successful. There is no evidence of hallucination with the exception of flashback reactions to certain situation that remind her of past abuse.

*Processes:* Concrete, Perseverating  
*Content:* Mood congruent  
*Delusions:* Persecutory, Jealousy, Other: Trauma Abreactions - flashbacks  
*Hallucinations:* None  
*Themes or Preoccupations:* Depressive, Sexual

Dee, M. - 3/23/2022 4:45 PM

**MSE Sensorium/Intellectual Function**

*Orientation:* Oriented x4  
*Concentration & Memory:* Impaired  
*As Measured by :* Serial 7's / 3's, Naming 3 items, Recall 3 items at 5 minutes, Recent recall, Remote recall  
*General Fund of Knowledge:* Below average  
*Estimated Intellectual Level:* Average  
*Insight:* Fair  
*Judgment:* Poor  
*Acknowledge Treatment Options:* Partially able  
*Acknowledge Symptoms:* Consistently able  
*Acknowledge Diagnosis:* Consistently able  
*Acknowledge Impairments:* Partially able  
*Acknowledge Strengths:* Partially able

Dee, M. - 3/23/2022 4:45 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

**MSE Areas of Immediate Concern**

*Current Thoughts of Self Harm:* Denies

*Current Suicidal Ideation:* Denies

*Current Homicidal Ideation/Thoughts of Harm to Others:* Denies

*Impulse Control:* Poor

*Impulse Control Narrative:* When in the midst of a conflict, KA tends to run away from placement and binge on alcohol or substance.

Dee, M. - 3/23/2022 4:45 PM

**Medical & ROS**

ROS Grid

	Diabetes and/or hypoglycemia	Hyperthyroidism/Hypothyroidism	Hyperlipidemia	Weight Control
<i>Status :</i>	Not a current issue	Not a current issue	Not a current issue	Not a current issue
<i>Health Care Provider:</i>	N/A	N/A	N/A	N/A
<i>Interaction with Psychiatric Condition :</i>	N/A	N/A	N/A	N/A
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

	Blood Pressure (High/Low)	Heart Angina, Arrhythmias, Cardiac	Anemia / Other Hematologic	Pain Management
<i>Status:</i>	Not a current issue	Not a current issue	Not a current issue	Not a current issue
<i>Health Care Provider:</i>	N/A	N/A	N/A	N/A
<i>Interaction with Psychiatric Condition:</i>	N/A	N/A	N/A	N/A
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

County of Orange Health Care Agency  
Behavioral Health Services

Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

	Back, Muscle, Joint, Arthritis	Headaches (Frequent or Severe)	Epilepsy, Convulsions, Seizures	Asthma, COPD, Short of Breath
<i>Status:</i>	Not a current issue	Active, details unknown	Not a current issue	Not a current issue
<i>Health Care Provider:</i>	N/A	Dr. M. Dee	N/A	N/A
<i>Interaction with Psychiatric Condition:</i>	N/A	Condition may mimic or make MI sx's worse	N/A	N/A
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51PM
	Hepatitis, Jaundice, Liver	Immunologic	Oncologic	Kidney- Stones/Infections/ Failure
<i>Status:</i>	Not a current issue	Not a current issue	Not a current issue	Not a current issue
<i>Health Care Provider:</i>	N/A	N/A	N/A	N/A
<i>Interaction with Psychiatric Condition:</i>	N/A	N/A	N/A	N/A
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM
	Incontinence, Bedwetting, Prostate	GERD, Ulcers, IBS, Soiling	Difficulty Swallowing, Oral, Nasal	Vision
<i>Status:</i>	Not a current issue	Not a current issue	Not a current issue	Active, well managed
<i>Health Care Provider:</i>	N/A	N/A	N/A	Dr. I. Tse
<i>Interaction with Psychiatric</i>	N/A	N/A	N/A	N/A
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

	Hearing
Status:	Not a current issue
Health Care Provider:	N/A
Interaction with Psychiatric Condition:	N/A
	Dee, M. 3/23/2022 1:51 PM

*Medical Problems as Reported by Client:* Social worker and foster mother denied any current medical problems associated with formal diagnoses. Social worker claimed that patient has always been on the thin side. She reported that her doctor is not concerned about her weight.

*Weight lbs.:* 95 lbs. (Converted to: 95 lbs. 0 oz., 43.091 kg)

*Height-in:* 64 in. (Converted to: 5 ft. 4 in.)

*Waist:* 22 in.

*Systolic Blood Pressure Sitting:* 105 mmHg

*Diastolic Blood Pressure Sitting:* 75 mmHg

*Pulse Sitting:* 70 bpm (HI)

*Body Mass Index:* 16.3 kg/m2

Dee, M. 3/23/2022 1:40 PM

**Med History**

Medication List

*Home Meds*

*Status:* Processing; *Ordered As Mnemonic:* Zoloft 50 mg oral tablet; *Simple Display Line:* 50 mg, 1 tab(s), Oral, Daily, 30 tab(s) ; *Action Display:* Document ; *Catalog Code:* sertraline;

**Allergies**

Allergies (Active)

No known allergies

(As Of: 3/23/2022 3:42:41 PM PST)

*Estimated Onset Date:* Unspecified; *Created By:* Dee, M.;

*Reaction Status:* Active; *Category:* Drug; *Substance:* No

known allergies; *Type:* Allergy; *Updated By:* Dee, M.;

*Reviewed Date:* 03/23/2022 10:41 AM

**Substance Abuse**

*Narrative:* KA has run away from foster placement and binged on alcohol and marijuana while AWOL. Upon her return, she has little memory of the episode and is intoxicated. She denies and minimizes having a drug or alcohol problem and is not willing to seek treatment at this time.

*Tobacco Use:* Light tobacco smoker

Dee, M. 3/23/2022 1:40 PM



Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

Substance History Grid

<i>Doc Date:</i>	3/23/2022	3/23/2022
<i>Last Used Date Type:</i>	Estimated	Estimated
<i>Last Used Date:</i>	5/9/2017	5/9/2017
<i>Subst. Class:</i>	Cannabis	Alcohol
<i>Age 1st Use:</i>	13	12
<i>Age Used Reg.:</i>	13	12
<i>Duration of Use:</i>	4	5
<i>Route of Admin:</i>	Smoking	Oral
<i>Amount Used:</i>		6 pack
<i># Days Used Last Mo.:</i>	4	4
<i>Desired Effect :</i>	calming	numbing
<i>Interaction w/ MI :</i>	Increase moodiness and less tolerance	More aggressive and hostile
<i>Craving-Tolerance Sxs:</i>	Increasing tolerance	Increasing irritability
<i>Stage of Change:</i>	Pre-contemplation (Not Thinking of Change)	Pre-contemplation (Not Thinking of Change)
<i>Length Prev Per of Abst:</i>	1 month	1 month
<i>Prev. Tx. Attempts :</i>	None	None
<i>Source:</i>	Illicitly Obtained	Illicitly Obtained
<i>Recovery Strategy</i>	Outpatient Tx	Outpatient Tx
<i>Recovery Accomplishments</i>	Has not started treatment	Has not started treatment yet
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

**Family History**

Primary Care Giver 0-17: 0

Primary Care Giver 18+: 0

Dee, M. 3/23/2022 1:51 PM

**Family History Grid**

<i>Illness:</i>	Substance Abuse	Other: Legal - In prison	Psychiatric (Comment: PTSD [Dee, M. - 3/23/2022 1:51PM])	Psychiatric
<i>Relation to Client :</i>	Mother	Father	Younger brother	Younger sister
<i>Describe Condition / Treatment:</i>	Substance Use/Abuse/Dependence /Refused treatment	Drug dealer/repeat offender	PTSD/Substance Abuse/Foster Home/Outpatient MHS/Drug Abuse Tx	PTSD/Depression /Foster Home/Outpatient MHS Therapy /Medication Services
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

*Narrative:* KA has no contact with biological parents. Her younger siblings were also removed from biological parents' custody and are in other foster placements. Both siblings are receiving treatment for PTSD. Brother is receiving treatment for substance abuse while sister is being treated for depression also.

Dee, M. 3/23/2022 1:51 PM

**Gender Identity/Sexual Orientation**

*Birth Sex:* Female

*Preferred Gender Pronouns:* She/Her/Hers

*Client's Relationship with Their Family:* Positive

*Describe how client's relationship with their family or lack thereof, contributes to the client's current mental health:* No issue regarding gender identity/sexual orientation.

Dee, M. 3/23/2022 1:51 PM

**Developmental History**

*Developmental Milestones Achieved:* Yes

Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

Prenatal History

*Inadequate prenatal care:* Yes  
*Mother smoked:* Yes  
*Mother used caffeine:* Yes  
*Mother used drugs or alcohol:* Yes  
*Mother used medications:* Yes  
*Mother had accident/injury:* No  
*Mother had emotional problems:* Yes  
*Father used drugs or alcohol:* Yes  
*Mother was victim of violence:* Yes  
*Mother had medical problems:* No  
*Mother was hospitalized:* Yes

Dee, M. 3/23/2022 1:51 PM

Developmental Milestones

*Child was premature:* No  
*Complicated labor:* No  
*Breech, caesarian or forceps delivery:* No  
*Fetal distress:* No  
*Delayed crying:* No  
*Baby given oxygen or transfusion:* No  
*Baby placed in incubator:* No  
*Baby remained in hospital after mother went home:* No

Dee, M. 3/23/2022 1:51 PM

*Child been physically abused? :* Yes  
*Child physically abused when:* SW report bruises on arm and body

Dee, M. 3/23/2022 1:51 PM

Development History Grid 3

*Holding head up:* No  
*Learning to bond:* Yes  
*Learning to sit up alone:* No  
*Learning to crawl:* No  
*Sleeping through the night:* Yes  
*Learning to walk:* No  
*Learning to talk:* No  
*Bowel or bladder training:* Yes  
*Feeding self with a spoon:* No  
*Tying shoes:* No  
*Dressing independently:* No  
*Writing his or her name:* No  
*Ability to make or get along with friends:* Yes  
*Unspecified motor delay:* No  
*Language delay:* No  
*Cognitive delay:* No

Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

*As a child, was the client neglected? : Yes*

*Description: SW reported house was unkempt and lack of food in the home.*

*As a child, was the client sexually abused? : Yes*

Dee, M. 3/23/2022 1:51 PM

**Abuse & Trauma**

*Abuse and Trauma: Yes*

Dee, M. 3/23/2022 1:51 PM

History of Abuse or Trauma Grid

*Sexual Abuse: Personal*

*Physical Abuse: Personal*

Dee, M. 3/23/2022 1:51 PM

*Abuse & Trauma Narrative: KA was molested by mother's boyfriend. Mother's refusal to leave boyfriend as well as her substance abuse ultimately resulted in her loss of custody of all her children. All children were placed in foster placement. KA continues to experience trauma abreaactions impairing her relationship with foster parents and foster siblings and putting her foster placement at risk.*

Dee, M. 3/23/2022 1:51 PM

**Education**

Education Issues

*Problems learning certain subjects: Yes*

*Problems with paying attention: Yes*

*Problems getting along with teachers: Yes*

*Problems with studying: Yes*

*Problems with grades: Yes*

*Problems with truancy: Yes*

*Disruptive class behavior: Yes*

*Suspensions or transfers: Yes*

*Special education: Yes*

*Special day classes: Yes*

*Tutoring: Yes*

Dee, M. 3/23/2022 1:51 PM

*Narrative: KA is at risk for not graduating due to long history of excessive absences and truanacies.*

Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

*Evaluations*

Education History

<i>Doc Date</i>	3/23/2022	3/23/2022	3/23/2022	3/23/2022
<i>Event Date</i>	9/4/2021	9/3/2020	9/6/2019	9/1/2018
<i>Event Date Type</i> :	Estimated	Estimated	Estimated	Estimated
<i>Education Status</i> :	Enrolled	Suspended	Enrolled	Enrolled
<i>Highest Level Completed:</i>	11th Grade	10th Grade	9th Grade	8th Grade
<i>Attendance Level:</i>	Never attends/attended school	Never attends/attended school	Infrequently/rarely attends/attended school	Sometimes attends/attended school
<i>Grades:</i>	Poor	Poor	Poor	Below average
<i>Special Education Eligibility (Per IEP):</i>	Emotionally Disturbed	Emotionally Disturbed	Emotionally Disturbed	Emotionally Disturbed
<i>Special Education Setting (per IEP) :</i>	SOC (Special Day Class)	SOC (Special Day Class)	SOC (Special Day Class)	SOC (Special Day Class)
<i>Educational Goal (Adults):</i>	Achieve 1 year credit in high school	Attend class 80% of time	Attend classes regularly	Graduate to high school
	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM	Dee, M. 3/23/2022 1:51 PM

Dee, M. 3/23/2022 1:51 PM

**Employment**

*Employment Narrative:* Client will need to find employment as 18th birthday is approaching.

Dee, M. 3/23/2022 1:51 PM

Employment Grid

<i>Doc Date:</i>	3/23/2022
<i>Date Type:</i>	Estimated
<i>Start Date:</i>	Has not worked yet
<i>End Date :</i>	N/A
<i>LOS:</i>	0
<i>Employment Status:</i>	Student
<i>Employment Description :</i>	N/A
<i>Avg. Hours per Week:</i>	15
<i>Reason for Leaving:</i>	N/A
	Dee, M. 3/23/2022 1:51 PM

Patient: Zzztest, KA

MRN: 1000-67-0595

---

*Evaluations*

---

**Legal**

*Narrative Legal:* KA is a dependent of the court since age 5.

*Legal Court Involvement:* Yes

Dee, M. - 3/23/2022 1:51 PM

Court Involvement Grid

<i>Doc Date:</i>	3/23/2022
<i>Type:</i>	W300 Juvenile Dependent
<i>Status:</i>	Current
<i>Begin Date:</i>	09/13/2009
<i>End Date:</i>	Ongoing until 18th birthday
<i>Date Type:</i>	Actual
<i>Documents on File:</i>	Yes
	Dee, M. 3/23/2022 1:51 PM

**Strengths & Social Support**

*Client's Strengths:* KA loves animals and enjoys caring for animals. She is gentle and kind to animals and appears to be soothed by animals.

*Client's social supports, hobbies, interests:* KA loves horseback riding, dogs and wants to become a Veterinarian.

Dee, M. 3/23/2022 1:51 PM

**Clinical Summary**

*Clinical Narrative Summary & Differential Diagnoses:* KA currently experiences symptoms related to past trauma. Her verbal and physical aggression appears to be trauma abreacons which put her current placement at severe risk. Without treatment she is likely to lose placement and be placed in a more restrictive setting. Current stresses are that KA will be turning 18 within the next few months and she is worried about not having a place to live and finding employment. Her judgment is poor and her insight is limited. Her social support network is limited given her history of poor relationships. She is also behind in her education putting her at risk to not graduate.

KA has become more concerned about her future which has been a positive change. She knows what she likes in terms of animals and may be motivated to finish her education if it could lead her to employment helping animals.

KA will need assistance processing through her past trauma and managing her trauma abreacons. She is a good candidate for Trauma Focus CBT. This provider will continue the current medication regimen of Zoloft 50mg, to decrease her reactivity and maximize her opportunity to cope with her emotions. The treatment team may consider adding rehab services to increase frequency and intensity of services as well as work with the foster parents in stabilizing the environment and lowering the risk of loss of placement. The care coordinator may provide case management with the school and social worker to coordinate treatment efforts and help KA set goals and an educational path toward working with animals and looking at all options.

Dee, M. 3/23/2022 1:51 PM